



Get One2One support with our Memory Companions

Essex Dementia Care has over fifteen years of experience helping people with dementia to live active and fulfilling lives.

We believe that 'Life doesn't stop with dementia' and our specialised One2One service is carefully tailored for each individual's personality and needs, enabling them to maintain a sense of well-being and independence for as long as possible. The service is focused on ensuring that clients get to choose how they wish to spend their time and on giving loved ones the peace of mind that they are in the best hands.



Your journey is shared - we go the distance

When you contact us, we become your constant source of guidance and support. Our experienced Care Manager will spend time discussing your needs as a client, home carer or loved one. There will be a home referral visit where we have the chance to gain a deep understanding of the client's own special needs, skills and interests. From that day onwards we walk with you on your dementia journey and commit to supporting you as long as we are needed.

A personal 'Memory Companion'

Once we have full understanding of the best way to move forward, we will appoint a personal 'Memory Companion' to help stimulate old memories and create new ones. Our practitioners are all passionate and committed to making the time spent together enjoyable, happy and stimulating. As rapport and trust develops, our 'Memory Companion' will seek to encourage the return of lost skills and offer opportunity for discovering new skills.



Creating new memories



It's all about choice

Our personalised sessions are so varied. Clients choose their favourite activities such as walking the Maldon promenade, visiting aquatic centres or museums, enjoying arts and crafts, interacting with favourite animals and of course indulging in some tea and cake at a garden centre. The choices are endless and we go the extra mile to make sure that our clients are happy and relaxed.

Sometimes our clients choose to stay at home baking, listening to music, playing games or just enjoying the companionship of their 'Memory Companion'.

We can facilitate meeting with old friends, a drink in the pub or just watching the world go by. Sometimes our clients meet up with other clients they know for a more social occasion.

**When you are ready, please contact us on
01245 363789**

House 3, The Dorking & Orpington Suite,
Lynderswood Farm, Lynderswood Lane,
Braintree CM77 8JT

www.essexdementiacare.org.uk

 **Essex Dementia Care**



Charity no. 1129038

