

Summer: Relaxed play sessions

A fun drop in play session, aimed at those who may benefit from a calmer environment and supportive of children and young people who may experience sensory overload. Inclusive session for those who may have a special educational need and/ or disability- no diagnosis needed.

Location: Chelmsford West Family Hub, Dixon Avenue, CM1 2AQ

Tuesday 1st August 2023

Session 1 10am-11am
(aimed at under 5's)

Session 2 11.30am-12.30pm
(aimed at 5-19's)

Additional Information

- Free admission
- No booking needed
- Siblings welcome
- Parents/ carers must stay

Tuesday 15th August 2023

Session 1 10am-11am *
(aimed at under 5's)

Session 2 11.30am-12.30pm *
(aimed at 5-19's)

Families in Focus will be giving a short talk during each of these *sessions on **Benefits and Education Support** for children with additional needs.

Commissioned by