

Essex Child and Family Wellbeing Service



School Nurse: Teen Drop In

Are you aged 13-19?

Would you like some support about concerns around sexual health, emotional wellbeing, or physical health?

Then why not come and speak to the school nurses at our Drop In for advice and support!

Location: Chelmsford Central Family Hub, Market Road, Lower Ground Floor, County Hall, CM1 1QH (opposite Chelmsford

Library)

Day: Wednesdays (selected dates)

Time: 1pm-4.30pm

Dates of upcoming sessions

- > 2nd August 2023
- > 30th August 2023
- > 27th Sept 2023
- > 25th October 2023
- > 22nd November 2023
- > 12th December 2023

Additional Information

- * No booking needed
- * Come alone or with a parent/ carer, relative or friend
- * If in need of support but unable to attend a Drop In, please call us on

0300 247 0014

Commissioned by



